

A Tokushima Tour Designed by High School Students

KAMIKATSU TOWN EDITION DAY 1

Not just any old countryside! Kamikatsu Town is undertaking various initiatives to revitalise the region. Why not experience some of these initiatives first-hand, and enjoy two days in Shikoku's smallest town, complete with local cafés, hot springs, and hiking?

1st-Day Sightseeing Model Course

11:00	Michinoeki-Hinanosato · Katsuura
12:00	Lunch Cafe Polestar or RISE&WIN
13:30	Zero Waste Center
14:00	Irodori Bridge and River Area Stroll (Free Time)
16:00	Tsukigatani Onsen Check-in
18:00	Diner at the Tsukigatani Onsen

Please follow us!



TOKUSHIMA_MOUNTAIN



Also recommended



Irodori Bridge

📍 Kawakita, Fukuhara-gawa, Kamikatsu-cho, Katsuura-gun, Tokushima

You can fully savour the flow of the river, the chirping of insects, and the star in the sky. We also recommend enjoying seasonal gelato at 'TONPUKU', a 15-minute walk from the bridge!

RISE&WIN



Environmentally and physically friendly

We use fresh, seasonal produce and rice from the local area. You can savour the inherent goodness of the ingredients.

📍 237-2 Hirama Masaki Kamikatsu-cho, Katsuura-gun, Tokushima

🕒 10:00~16:00

Video link here! ↑



TONPUKU



Take a break with some gelato

Enjoy gelato made with produce from Kamikatsu Town. Various seasonal flavours are available throughout the year.

📍 62 Hirama Fukuhara, Kamikatsu-cho, Katsuura-gun, Tokushima

🕒 Weekday 13:00~17:00
Weekend 12:00~17:00

Video link here! ↑



Zero Waste Center A program unravels the "WHY?"



A place where all people can come together, transcending age, gender, and nationality. You can learn about waste management.

📍 7-2 Shimohiura, Fukuhara, Kamikatsu-cho, Katsuura-gun, Tokushima

🕒 9:00 ~17:00 Closed/First Tue, 12/31-1/2



Tsukigatani Onsen Tsuki no Yado



Relaxation on your journey

You can enjoy cuisine made with seasonal ingredients and relax in the hot springs while looking out over the Katsuura River.

📍 71-1 Hirama Fukuhara Kamikatsu-cho, Katsuura-gun, Tokushima

Video link here! ↑



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KAMIKATSU TOWN EDITION DAY 2

Day 2 is all about connecting with nature!

Beginning with watching the sunrise, followed by hiking at Hyakken Falls and Mt.Yamainu, and experiencing the colours of the season at a farm.

2nd-Day Sightseeing Model Course

Please follow our official account too!



COME_ON_TOKUSHIMA_JAPAN

9:30	Breakfast at the Tsukigatani Onsen
10:00	Hyakken-Falls
11:00	Mt. Yamainu (with Kashihara Terraced Fields en route)
13:00	Lunch at Seseragi Canteen
15:00	Asano Farm-Shishitotora
18:00	Arrive at Tokushima station



Fantastic!

Also recommended



Kashihara Terraced Rice Fields

23 Ikumi Kamikatsu-cho, Katsura-gun, Tokushima-ken 771-4503
At Kashihara terraced rice fields, you can enjoy the natural beauty of each four season. You'll be fascinated by its nature ! Why not come and see this breathtaking view for yourself?

Mt. Yamainu



A mountain makes you want to take a deep breath

Especially recommended are the autumn foliage and the mountain dog peak glistening with water after rain.

- 📍 Mt.Yamainu Ikumi Kamikatsu-cho, Katsura-gun, Tokushima
- 🕒 All time

Seseragi canteen Local fare that evokes a sense of Japanese nostalgia!



This broth will warm you right through!
Enjoy Seseragi Canteens signature, exquisite ramen.

- 📍 20-1 Asahi Maruyama Kamikatsu-cho, Katsura-gun, Tokushima
- 🕒 11:00~15:00

Asano Farm



Learning about "Irodori"

Hear about the leaf business, "Irodori" from Ms Asano, who runs the farm inherited from her grandparents!

- 📍 24 Fukuhara Nakayama Kamikatsu-cho, Katsura-gun, Tokushima
- 🕒 None



@SHISHITOTORA_ASANOFARM

Cafe polestar



"Experience Kamikatsu with all five senses"

It opened in 2013 with the concept of "a space where you can experience Kamikatsu." You can enjoy meals made with ingredients from Kamikatsu and seasonal vegetables.

- 📍 32-1 Hirama Fukuhara Kamikatsu-cho, Katsura-gun, Tokushima
- 🕒 11:00~17:00 Closed/Tue-Fri



Video link here! ↑